



IM KIDS

3rd MEAL

SERVICE HOURS GUIDE

Youth Making a Difference

10-12 Hour Guide

Need Volunteer Hours for school, National Honor Society, scout troop, or other service group?

*This guide will provide you steps to complete 10-15
hours of service for IM Kids 3rd Meal!*

*You have a choice of projects, simple suggestions, and
the facts about food insecurity to guide you in planning
your project!*

READY TO GET STARTED?

#1

**Spend some time
doing research!**

Information about IM Kids 3rd Meal and Food Insecurity
can be found on our website!

www.imkids.org

30-60 MINUTES

#2 Pick a Project

We have some great ideas for you to choose from or create your own project based on what you learned about IM Kids 3rd Meal!

15-30 MINUTES

Juice Box Drive

Peanut Butter & Jam Slam

Create a Plan

- What items you will collect?
- Where will you collect items?
- When will you collect items?

Prepare Snack Mix

This project must be done in a licensed kitchen!

- Download the recipe from www.imkids.org
- Collect the ingredients!
- Gather additional supplies needed!
- Work together to mix and repackage.

Decorate 3rd Meal Bags

- Purchase paper bags of any color or ziplock sandwich bags.
- Decorate with bright colors, pictures, or themes.

UP TO 12 HOURS

#3

Report Back

Your project will help IM Kids 3rd Meal support their mission, but a picture speaks louder than words!

Be sure to track your Volunteer Hours!

Use our simple form at the back of this Service Hour Guide.

Be sure to take lots of pictures of your project!

- Email pictures to imkids3rdmeal@gmail.com
- If you use social media be sure to take IM Kids 3rd Meal in your Facebook or Twitter accounts.

Deliver your donation!

Contact us to make arrangements:

Phone: 616-527-4900 Email: imkids3rdmeal@gmail.com

Ionia County ISD
2191 Harwood Road,
Ionia, MI 48846

H.O. Steele Education Center
10260 S Sheridan Rd
Fenwick, MI 48834

1-2 HOURS



Volunteer Hours Tracking Form

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| NAME |
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| GRADE |
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ACTIVITY

HOURS

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| TOTAL HOURS |
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